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# British Society of PERIODONTOLOGY

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## BSP News Winter 2011/12

### In this issue...



Perio in Nigeria



BSP or BBC...?



A Truly Unique Man



EUROPERIO 8  
Success

Henry Schein Minerva is once  
again proud to sponsor the BSP

 **HENRY SCHEIN®**  
MINERVA DENTAL  
**making life easier**

### Pan Dental Society Success...

The 2nd Pan Dental Society Conference brought 4 societies  
and ALL restorative dentists together for yet another treat.



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Dr Will McLaughlin

# Presidential Editorial

It is an honour and a privilege to be elected President of the BSP in what is an extremely busy year. The successful completion of the 2nd Pan Dental Society Conference in Liverpool will be quickly followed by the Spring Meeting in Cardiff on 3 March 2012 and EUROPERIO 7 in Vienna in June 2012.

Firstly, I would like to extend my congratulation to Gerry Linden on an extremely successful past year as President, particularly with organising and hosting a superb Spring Meeting in Belfast.

The President's article in the newsletter this year is different from usual as my address, which is normally reported, did not take place at the AGM but will follow at the Spring Meeting on account of the limited time available at the Pan Dental Meeting. So, instead, I will take a look at the overall current activity of the BSP.

It is an exciting time for the BSP with the announcement that we will be hosting EUROPERIO 8 in London in June 2015. Congratulations to Francis Hughes and his team on the bid and in securing the conference at ExCel. The team has put in a tremendous amount of effort over a number of years and has been rewarded with this success.

The field of Periodontology is vibrant in the UK at the present, with the views of the BSP being sought nationally on a large range of issues including:

- Department of Health Periodontal Care Pathways. These are designed to support clinical decision making in the delivery of advanced periodontal care in NHS Primary Dental Care. An overview adult Periodontal Care Pathway is proposed with a decision making cascade, with a further advanced Periodontal Therapy Pathway. Thanks to the work of Professor Needleman and Dr Weston who are sitting on this group on behalf of the BSP.
- Input to the second edition of the Faculty of General Dental Practitioners' document on Antimicrobial Prescribing Guidelines by all members of Council and co-ordinated by Professor Hughes.
- Through the Royal College's Specialist Advisory Committee, Workplace Based Assessments for Periodontology for mono-specialty and restorative dentistry training posts. Thanks to Professor Griffiths for leading on this.

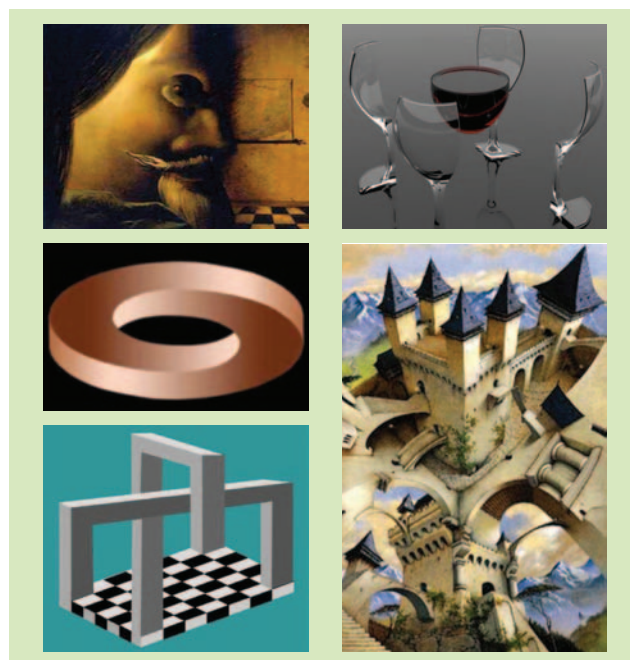
You will also have seen that Council has updated 'The Parameters of Care' and 'BPE Guidance' documents and thanks go to Professors Hughes and Preshaw respectively for this.

The overall theme for all of this year's BSP's national meetings is linked to examining the evidence for what we undertake clinically in periodontology, and looking at how this can be translated to daily specialist and general practice.

The management of soft tissue problems including gingival recession, peri-implant disease, and drifting and traumatised of teeth was addressed at the Liverpool meeting.

At the Spring Meeting our speakers will be addressing contemporary general and specialist practice issues and whether we have 'Clarity or Confusion'.

Topics include how to influence our patients psychologically to improve health changes; the best way to carry out root surface debridement; the best antimicrobial to use; whether there is a continued need for osseous resective surgery; and medico-legal problems and how to avoid them. It promises to be a stimulating day, and is followed by a dinner at the magnificent City Hall.



I hope that many of you will be able to travel to Vienna in June for EUROPERIO 7. Many of the UK's most eminent academic and research colleagues and teachers are presenting at the meeting including Professors Linden, Heasman, Hughes, Chapple, Griffiths, Preshaw and West and Dr's Hodge, Ower, Ide, Palmer and Suvan. Vienna is a beautiful city and easy to access, so please come along and support the UK speakers.

The BSP will be hosting a Society evening event on Thursday 7th June from 19.30 at the Courtyard by Marriott Wien Messe and I hope to see many of you there.

Finally, on behalf of the BSP I would like to extend my sincere thanks to Ghilaine Ower and Helen Clough for all the hard work, most of it unseen, that they undertake for the Society. Without this tremendous support, the demands on all Council members and the running of the Society and organisation of conferences and meetings would be so much greater.



On a personal note I am indebted to Ian Needleman for his invaluable advice as Scientific Advisor, and Matthew Locke as Honorary Assistant Secretary in the organisation of my Presidential year. I look forward to seeing many of you at one or more of this year's events.



# Hot off the press - **EUROPERIO 8 SUCCESS!**



The general performance of the UK in Europe on so many fronts has historically been below par -  
**NOT ANY MORE!**

Earlier in the year, the BSP team hosted a EUROPERIO 8 site visit as part of the bid to host the conference in London 2015. Anyone who has been privy to the bid document can only be impressed with the considerable efforts that have been made by Professor Francis Hughes and his 'bid team' in order to try to ensure that the conference is hosted in our capital. The visitors were given a very warm welcome and with the fingers and toes of the BSP firmly crossed it was announced at the recent Pan Dental Conference that the bid was a success!

So, what an exciting opportunity to show our European colleagues our fabulous capital city and the numerous attractions that it has to offer. The event is due to be held in the summer of 2015 at the ICC London ExCel Exhibition Centre.

**Well Done Team!**

# 'Creoeso' BSP Council

## Mwynhewch eich ymweliad a Chanolfan Cymry Llundain

The London Welsh Association, Gray's Inn Road has been home to the BSP Council meetings in recent times and a very welcoming accommodation it has been. Its predecessor, the Eastman Dental Hospital Board Room had been the long-term home for Council. The hop across the road to experience the Welsh hospitality started in 2010.

For those members who have experienced the London Welsh Association, they will be very familiar with the "B S PERIODONT" signage and 'back-to-basics' approach to catering but an added bonus is hearing in the distance what must be their version of the X-Factor auditions. For Council members arriving early for the 12 noon 'kick off', we have been treated to the pre-audition nerves of actors and actresses about to unleash their vocal talents in front of the judges. I suspect Simon Cowell was not there to comment but some of the talent heard through thick walls sounded incredible.

For those members who have no idea what a Council Meeting looks like, a selection of photos are here:



BSP Council is never one to rest on its laurels and 8th September 2011 saw Council sample hospitality from our Orthodontic colleagues. BSP Council was held at the British Orthodontic Society HQ at 12 Bridewell Place, London. Unfortunately your editor was unable to attend, but waits with baited breath to see how the other half live at the next meeting on 1st December. Wikipedia says "The current BOS headquarters opened in 2006 and occupies two floors of an impressive Victorian building at 12 Bridewell Place within the City of London's ancient walls and St Paul's Cathedral is nearby. The exterior of the building was restored to its original Victorian elegance".



# British Society of PERIODONTOLOGY

## New BSP Logo

One of the decisions made by Council was the introduction of a new BSP logo to appeal to a wider audience. Prompted by comments from our younger members such as 'why are cats and prawns part of the logo?', many designs were contemplated and the final version went 'live' in September. The new logo now adorns the website and paperwork and looks top notch.

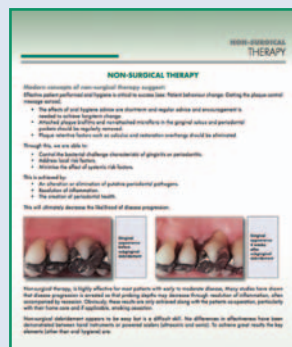
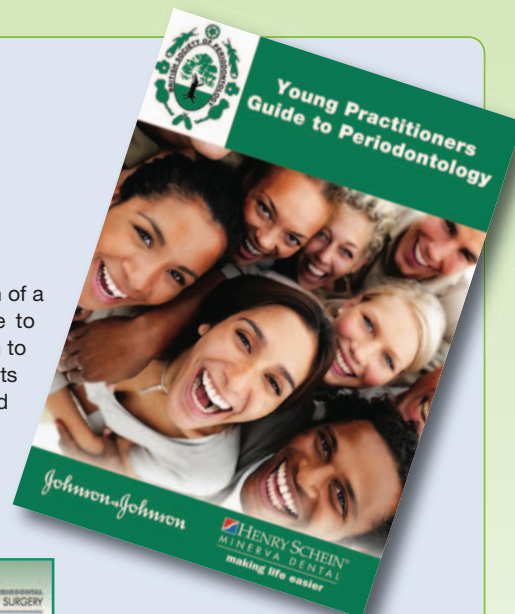
The Officers and Trustees of The British Society of Periodontology are aware that many members have their own websites and wish to demonstrate their association with professional organisations. We also receive requests from commercial companies to use our name and logo on promotional material.

Careful consideration has been given to the implications of using the Society's name and logo. As a guide to members, remember that there is a policy document relating to the use of the BSP name and logo. Please contact Helen Clough if you plan to use the BSP logo or name if you are unsure as to best practice.



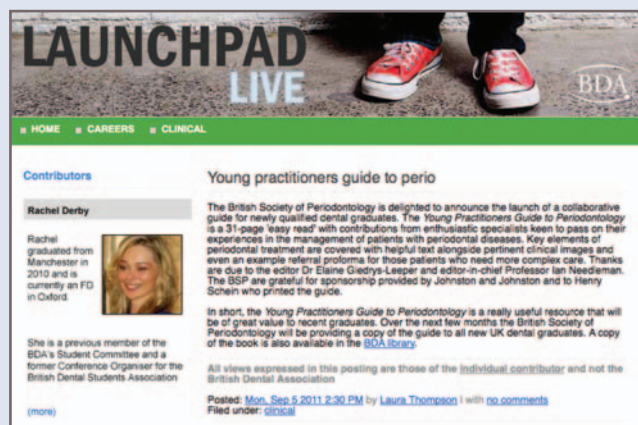
# Young Practitioners Guide to Periodontology

The Spring Meeting in Belfast saw the British Society of Periodontology announce the launch of a collaborative guide for newly qualified dental graduates. The Young Practitioners Guide to Periodontology is a 31-page 'easy read' with contributions from enthusiastic specialists keen to pass on their experiences in the management of patients with periodontal diseases. Key elements of periodontal treatment are covered with helpful text alongside pertinent clinical images and even an example referral proforma for those patients who need more complex care. Thanks are due to the editor Dr Elaine Giedrys-Leeper and editor-in-chief Professor Ian Needleman. The BSP are grateful for sponsorship provided by Johnson & Johnson and to Henry Schein Minerva who printed the guide.



In short, the Young Practitioners Guide to Periodontology is a really useful resource that will be of great value to recent graduates. Over the next few months, the British Society of Periodontology will be providing a copy of the guide to all new UK dental graduates.

The announcement received national attention including features in the BDJ and its Launchpad for students and new graduates.



Pictured below: Vocational Dental Practitioners from Northern Ireland are clearly delighted with the launch of the Young Practitioners Guide to Periodontology at the BSP Spring Meeting in Belfast 2011.

## Well done to the BSP team!

The Young Practitioners Guide to Periodontology is now available as a PDF. To access this, go to the Society website [www.bsperio.org.uk](http://www.bsperio.org.uk) and click the 'Publications' section.

Alongside the YPG, you will also find previous newsletters, patient leaflets, EFP newsletters and other archive documents.





**BSP Member  
Elizabeth Dosumu**

# Perio in Nigeria



Nigeria is a West African country with a compact area of 923,768 km<sup>2</sup> and a population of about 140 million. Nigeria's major cities are Ibadan, Lagos, Kaduna, Kano, Sokoto, Jos, Maiduguri, Port Harcourt, Enugu, Calabar, Aba and Ife with Abuja as the capital city. There are thirty-six states distributed into six geopolitical zones, which are South West (six states), South (six states), South East (five states), North Central (six states and the Federal Capital City), North East (six states) and North West (seven states). Each of these geopolitical zones has their extremely different cultures, diets and tribes. The Medical and Dental Council of Nigeria accredited seven Dental schools in Nigeria, four in the South West, two in the South, one in the North East but none in the North Central and North West. These Dental Schools (plus one Oral & Maxillofacial Centre in the North West) train post-graduate resident dentists in various specialties in Dentistry. This training contributes to the award of Fellowship of the National Postgraduate Medical College of Surgeons and the West African Medical College of Surgeons assuming the successful completion of the professional written examinations (primary, part 1 & part 2) and completion of the stipulated clinical rotations in all specialties; Dentistry and general medicine and surgery over a period of at least six years.

I undertook my undergraduate (BDS) and my fellowship degrees (FMCDs (Periodontology)) at the University of Ibadan, the College of Medicine and the University College Hospital, Ibadan, considered to be the premier tertiary Institutions in Nigeria. I was appointed as the second Periodontist in the year 2000 and a third Periodontist was appointed in 2010.

At the Dental School, University of Ibadan & University College Hospital where I am a Lecturer/Honorary Consultant, periodontology teaching and patient care includes structured periodontal examination, diagnosis, treatment planning through patient education and treatments within the limits of the available resources to gradually improve periodontal care which is the cornerstone of dental disease prevention and treatment. The understanding of this fact is crucial to providing comprehensive patient dental care and all the dentists in Nigeria need to know that they need us (periodontists) for the final success of their patient treatment.

To date there are eleven Periodontists in Nigeria, three in Ibadan, five in Lagos and three in Benin that are saddled with the burden of meeting the periodontal needs of about 140 million people, where the reported prevalence of periodontal disease in its mild

to moderate or severe states is 33.4% to 85.8%. Therefore in Nigeria, the 'perio harvest' is extremely FULL but the labourers (periodontists) are FEW.

There is unlikely to be an increase in the number of periodontists in this country because the ratio of post-graduate fellowship students in periodontology to other specialties is about 1:30. This is likely to reflect the finding that most foundation dentists here are Oral & Maxillo-facial specialists. Further, on asking the views of undergraduate students and house officers for their choice of specialty for post-graduate training, they think all that is done in periodontology is scaling which they considered to be boring and uninteresting.

As a post-graduate fellowship student in periodontology (1993 to 1999) I had to work on aggressive periodontitis patients for my dissertation as the final part of the fellowship programme. I had mixed feelings of emotion and fear for this group of patients and the passion to seek in-depth knowledge and training to treat and care for them was why I joined the BSP. This has provided me with the opportunity to meet and listen to the icons in this speciality at BSP meetings and attend short-term courses organised by some of them in order to meet these objectives.



Our challenge as periodontists in Nigeria is considerable; infrastructure, socio-economic status of our people, purchase and storage of perio materials. Our involvement in exciting and rapidly evolving evidence based research is necessary for us to provide cutting edge periodontal practice and provide a high standard of periodontal training to our students so that they gain a broad based knowledge with a detailed scientific understanding

of the basics of periodontal diseases.

All these, I believe will raise the profile of periodontology and improve the interest and mentality of dentists in this speciality in Nigeria.

Like the man in Macedonia (Acts of the Apostles 16:9), I am using this medium to call on BSP, EFP, to come to Macedonia (Nigeria) to help raise the profile of this very noble and prestigious discipline of Dentistry.

“ Our challenge as periodontists in Nigeria is considerable... ”





# BSP or BBC...?



On the evening of 30th March, Anthony Roberts, Philip Greene and Ian Dunn continued the BSP Road Show initiative and delivered a 'Core Values in Periodontics' Road Show ably supported by Helen Clough. Nothing new there I hear you say... is this worthy of the newsletter...?

This time however, the Road Show was delivered with a significant difference. The lecture was delivered from the School of Dentistry at UCLan Preston and in addition was transmitted to Dental Education Centres across the North West. Viewers were able to 'tune in' from centres in Accrington, Blackpool, Carlisle and Morecombe. The session was highly successful with remote viewers able to interact with the main session via the remote link.



For the unfortunate few who were unable to sit down in time for the live broadcast, or for those wishing to return to things again, recordings of the three sessions were made available shortly afterwards which certainly shows how technology is transforming the way education is delivered.

The BSP was given a very warm welcome by Professor Lawrence Mair (Head of School) and Dr Ian Burn (Senior Clinical Teacher) and we were allowed to 'nose around' their School, which showed a very impressive set up.

## Want to Contribute?

Just a quick reminder that there is a case study section on the BSP website with new cases going up all the time.

Submissions should be sent to our webmaster Dr Liam Addy and successful submissions receive an honorarium of £100. Full details: <http://www.bsperio.org.uk/members/case-studies.htm>

Also, there is a forum for general perio discussions and we have been monitoring you! Only one-fifth of those reading the various fora actually contribute. C'mon guys... the more the merrier and we want to hear your views!





# Advanced Instrumentation Masterclass 2011

Following the success of this course run previously, Jeanie Suvan and Ruth Glover provided another opportunity to specialists to re-visit their non-surgical instrumentation skills on 11th June. Regular readers of the BSP News will remember the article in last years' edition.



## Charles Tomes Lecture 2011

Professor Iain Chapple was invited to give the prestigious Charles Tomes Lecture at The Royal College of Surgeons of England on Friday 25th March 2011. The lecture was entitled "Genes, Greens and Inflammatory Scenes" during which Iain presented the current evidence regarding the pathogenesis of periodontal disease with emphasis on dietary and genetic risk factors. Many of the staff at Birmingham School of Dentistry attended the lecture following which Iain was presented with the Charles Tomes medal.

The Charles Tomes Lecture was founded in 1941 following a bequest left by Sir Charles Tomes who was a former member of the Board of Examiners in Dental Surgery.



The pictures show Iain delivering the Charles Tomes Lecture "Genes, Greens and Inflammatory Scenes" and receiving the Charles Tomes Medal from the Dean of the Faculty of Dental Surgery, Professor Derrick Willmot.

*Martin Ling*

## BSP Membership Database - Are you up-to-date?

A plea from the admin team at the BSP. Please can all members check that their email addresses on the BSP membership database are correct. Notification about conferences and courses are emailed to the addresses contained within the database - we don't want you to miss out!

You can check your details and email address by going to the BSP website [www.bsperio.org.uk](http://www.bsperio.org.uk) and then clicking on **MEMBERS AREA > Update details**

## Periodontal Health Care Pathways

Paul Weston and Ian Needleman are leading and representing the BSP as Council work with the Department of Health on improving Periodontal Health Care Pathways. Work is well underway including consideration of traffic light systems and centrally recorded periodontal data to inform the best pathway for patients. This could link nicely to further editions of the evidence-based toolkit for perio.



# Changes to the BPE

It is not quite 'all change' for the Basic Periodontal Examination (BPE) but Council made the decision to revisit the system given its importance and make some changes.

The British Society of Periodontology first developed the BPE in 1986. Further versions of this document were produced in 1994 and 2000 and 2011 seemed an ideal opportunity to revisit the system.

It was felt that there were elements of the system that caused confusion amongst clinicians and so a couple of changes to the system have been made.

The full document can be accessed through the Society webpage but briefly the main changes in the 2011 version are:

- (i) that \* should now be used to denote only the presence of a furcation, and
- (ii) that both the BPE code and the \* should be recorded for each sextant where furcation involvement is found.

An example of how a BPE score grid might look like according to the new guidance is shown here:

4	3	3*
-	2	4*

## So, practically, what does this mean?

Well, the first change is that \* should now be used to denote only the presence of a furcation whereas the previous guidance assigned a code \* when there was furcation involvement or attachment loss of 7mm or greater.

The second change hopes to align usage of the Code \* as some clinicians used code \* as the only 'score' recorded whereas some used the code \* as an adjunct to the numerical code. Therefore, the range of code where a code \* is assigned could be Code 0\*, 1\*, 2\*, 3\* or 4\*. Whilst change in itself can cause confusion, this is definitely a clearer and a more user-friendly approach. The next review of the documentation is due in 2016.



**Phil Ower**

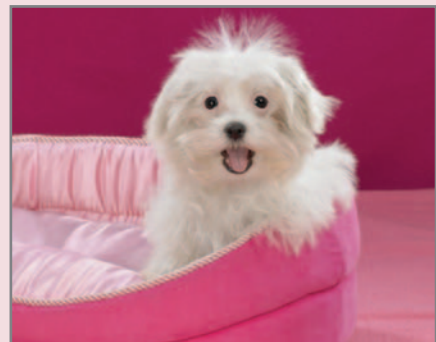
## Canine Guidance or Perio Bolognese!

No, not a new variation on a classic Italian dish, but a story of a patient with four legs.

Recently I was approached by a vet, specialising in veterinary dentistry, who was struggling with a canine patient (a Bolognese called Spag) which had significant periodontal disease, a condition which is known to afflict this particular breed.

The animal had lost several incisors as a result of extensive bone loss and, at the time I took the call, had generalised gingivitis around the remaining incisors with about 30% horizontal bone loss and some mobility. There was lots of recession, prompting a high level of concern about future tooth loss, but no pockets. Hello, that sounds familiar. But yes, this is a dog we are talking about. The teeth were being brushed daily by the parents - sorry, owners - with toothbrush and Corsodyl. The vet had tried scaling and polishing under GA and metronidazole but, sadly, not at the same time and was considering more extractions.

I tried to analyse this patient's periodontal problem; was this an issue for the patient or was it one for his human guardians? Had anyone asked the patient if he was concerned about his periodontal problems? Had anyone asked the patient if he wanted his teeth out? Had all options been considered? Were his missing teeth proving a problem in attracting a mate? In the end we decided the dog was probably quite happy, even if his owners weren't, and maybe a 'wait and see' approach would be best. We had a cat once with only 2 teeth and he was quite happy, until he got run over, but I don't remember him having any problems with his dinner...





# Sig Socransky



## Personal Thoughts on a Truly Unique Man

It is with immense sadness that we mourn the passing of Sigmund Socransky, who died peacefully on Saturday 27th August 2011. Those of us who knew the great man and loved him as a friend as well as the fabulous scientist he was, simply called him "Sig". Such an understated term was fitting, because for all his achievements and all he gave to the scientific community, he was an incredibly humble man, who simply lived for his research and above all for his students and colleagues.

When it came to science, "no" was not a word in Sig's vocabulary. I had the honour of knowing Sig for almost 20 years, after turning up on the doorstep of the Forsyth Institute on Presidents Day in 1992, a bank holiday. He took me into the great corridors and welcomed me with that charm and excitement that he exuded when he met any young person who was interested in periodontal research; if you were stimulated by clinical science, then that was enough for Sig to work with. I set up my equipment in a corner of his lab and started my work, but halfway through the afternoon he came into the lab, took me down to the Charles River, bought me coffee and a Dunkin Doughnut and spent 3 hours passionately recalling the history of oral (and general) microbiology and the logic for and ethos behind all the work they had done at Forsyth; it was a fascinating afternoon. When we reached the Random (asynchronous) burst theory his view was simple - "Iain, some people have criticised that paper and it may turn out to be rubbish, but what really matters is that we made them think, and start researching it, so I think we did some good". Of course, I sent my own students to Sig to imbibe his infectious enthusiasm and passion for research - heck, we all sent our students back to Sig, because we wanted the very best scientific training for them.

To the scientific community, Sig Socransky was a genuine giant of periodontal research, an innovator, a deep thinker, a genius. He didn't just describe the progression of microbial colonisation from health to disease, or the site-specific natural history of the disease, or the microbial clusters that defined different disease states, he wrote his own computer programs to analyse the vast data sets he generated using his Sun computer. His innovation in technological developments such as the checkerboard DNA-DNA hybridisation method represented a paradigm shift in oral microbial analysis of such complex diseases. These were just tools to Sig, very sophisticated tools, but just tools that allowed him to ask

bigger scientific questions, design clinical studies that required such basic science innovations for high throughput bioanalysis: it was the start of a systems biology approach in oral health research. However, to me, and to many young (and older) colleagues, Sig was much more than that. He was a human magnet for young researchers who were passionate about their periodontology, and irrespective of their sub-discipline, wanted to learn from him and work with him. They flooded to Boston from all over the globe to be with him and many stayed for significant periods of time, some indefinitely. Sig's epitaph is those hundreds of young scientists that he mentored and stimulated to work within periodontal biology and microbiology. He was the master of mentors for so many people. So many significant people within the discipline of periodontology worked with him at some influential point in their careers. I frequently hear the phrase "I didn't know he (or she) worked with Sig Socransky". Sig's memory will live on through their research, which is something he would be very proud of.

So as well as a great scientist, we have lost a great teacher, someone who worked 7 days a week, 52 weeks a year for the love of his science, someone who (and I witnessed it) would work on through the night, day after day, if there was a centre grant to complete, someone who didn't care if you were a "host response guy" when he was a microbiologist, he gave you the lab space, he gave you his attention, his genuine interest and his advice; it was unconditional. I only quoted 2 people in my PhD thesis and one was Sig, such was his influence on me - "now that this project has been worked up for a couple of years, this is where the real fun begins".

Sig Socransky was a wise, generous, warm, humble man, and a great and supportive friend. Periodontology and oral microbiology is poorer for his loss, but my greatest sadness is for the young passionate clinical and basic scientists of today, who never had the

privilege of knowing Sig, and who will never benefit from his very special qualities; their loss is the greatest, because Sig was not just a huge part of the history of periodontal research, he is also a great part of its future.

Thank you Sig, for just being you, I shall always pass your teachings and learning's to my students daily and in that way you will live on in our minds as well as our hearts. I hope I can enthuse just 1% of the number of people you enthused.

*Iain Chapple*

*(The immune guy who never forgot the importance of the bugs, thanks to you!!)*

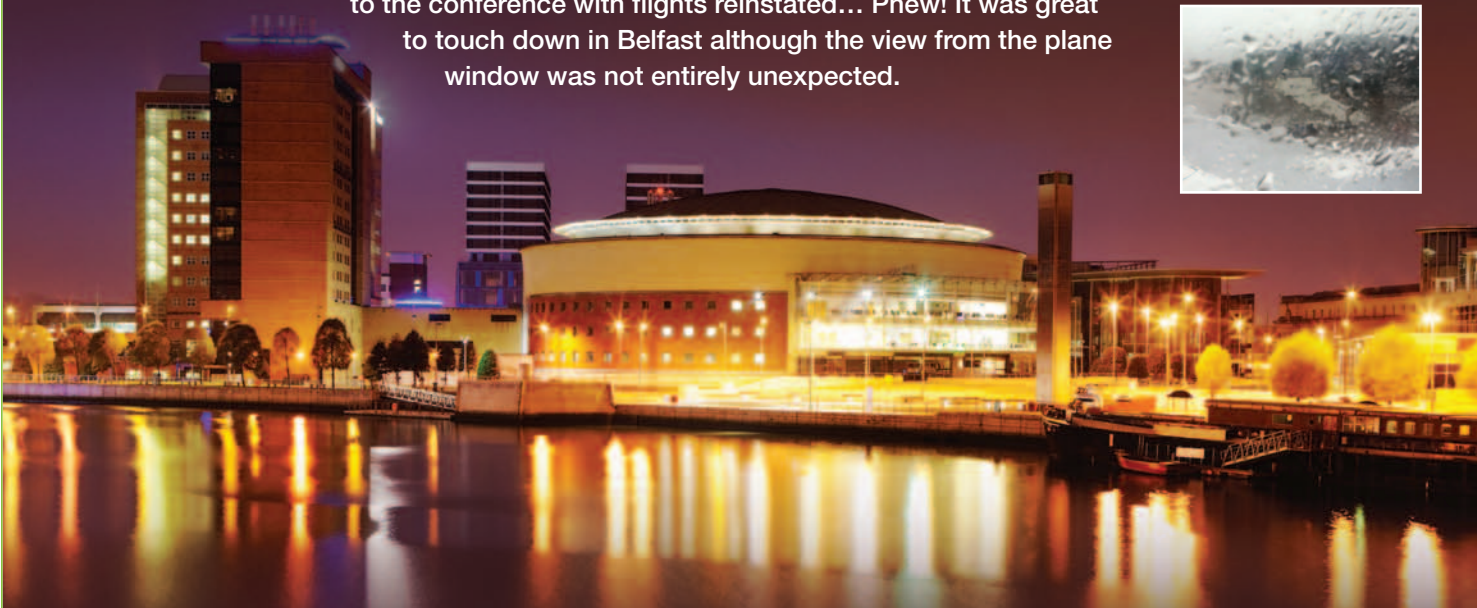
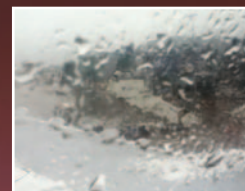
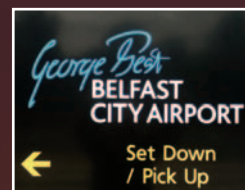
*8th September 2011*



A young editor pictured with Sig feeding from his enthusiasm

# Spring Meeting, Belfast

The volcanic ash cloud initially threatened air travel to the Northern Irish capital for the BSP Spring Meeting in Belfast but to the relief of Gerry Linden and the conference organisation crew, fears of travel mayhem quickly dissipated in the lead up to the conference with flights reinstated... Phew! It was great to touch down in Belfast although the view from the plane window was not entirely unexpected.



The Waterfront Hall in Belfast was a fabulous venue for this 'Titanic Meeting' with the theme of the meeting 'building healthy tissues'. Of course the meeting coincided with the centenary of the launch of the Titanic in May 1911 and our President, Gerry Linden promised that 'the craic will be mighty'. We were not disappointed and blue skies were soon to follow.



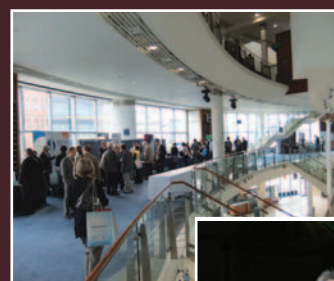
The Thursday session was introduced by Professor Linden who then went on to introduce a series of high calibre speakers, which was a constant throughout the two days. First out of the blocks was Professor Ken Kornman who examined the role of inflammation in chronic diseases and provided a great insight into why some patients are prone to inflammation. Professor Ian Young (Professor of Medicine in Belfast) outlined the importance of nutrition in relation to chronic disease and what constitutes a healthy diet. Finally, Professor Iain Chapple brought these strands together presenting the concept of 'nutrigenomics' with some extremely interesting study data linking dietary supplements with periodontal treatment outcomes. Given the subject area lunch and refreshments were served with delegates having a greater insight into how its constituents were important not only to the taste buds and waistline but also to the periodontal tissues.



Your editor was unable to attend the conference dinner and dance at the City Hall but judging from the photos a thoroughly enjoyable time was had by all. Thank you to Belfast City Council for the pre-dinner reception.

Day two continued with high quality speakers with Dr Oystein Fardal (long term periodontal maintenance), Dr Paul Palmer (implant treatment in the periodontitis patient) and Professor Stefan Renvert (Can we rescue patients with periodontal problems?). Professor Jukka Meurman (Probiotics) and Professor Francis Hughes (biological approaches to healing) completed the line up to what was a thoroughly thought provoking and interesting day. Having said our farewells, those flying out of Belfast later on, had an immediate reunion as the post-BSP conference continued in the duty free.

Truly an excellent conference!



The afternoon continued with Dr Penny Hodge introducing Professor Philip Preshaw (obesity, inflammation and periodontal disease), Dr Carole Lewis (communicating the concept of a balanced diet) and a finale of Professor Kornman (third generation nutrition and periodontal disease), which provided a comprehensive coverage of all things 'Nutrition'.





# Prizes

This year saw the Sir Wilfred Fish Research Prize being presented to two worthy winners (Drs Wassall and Pirie) at the dinner in Belfast. The Frank Ashley Prize was awarded at the Pan Dental Society Conference.



**Rebecca Wassall**

*Management of periodontal disease in patients with type 2 diabetes - the clinical and biological response*



**Martina Pirie**

*Periodontal disease and preterm, low birthweight - a biological link?*

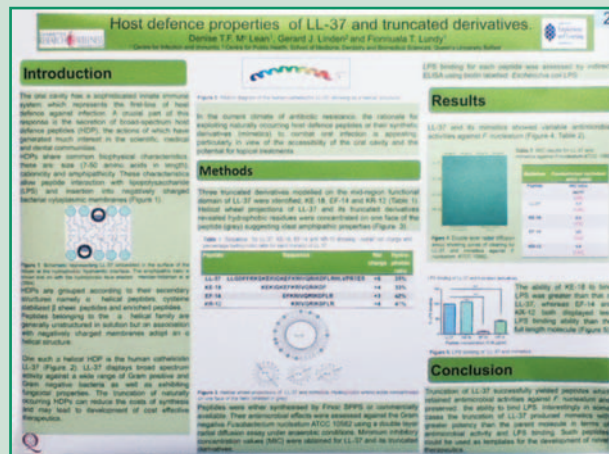


**Daniel Caga**

*At the Liverpool 2011 BSP AGM Daniel Caga (Undergraduate at Birmingham) received his certificate for the Frank Ashley Undergraduate Prize*

## Spring Meeting, Belfast Poster Prizes

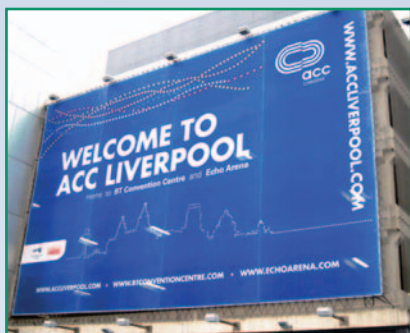
Professor Gerry Linden presented the inaugural BSP Poster prize to Denise McLean, a postgraduate student in the Centre for Inflammation and Immunity, Queen's University Belfast. The poster was entitled "Host Defence Properties of LL-37 and Truncated Derivatives" and reports results from her work on the importance of antimicrobial peptides in the oral cavity of patients with diabetes. The BSP are grateful to Phillips Oral Healthcare for their generous sponsorship of this prize.



A special acknowledgement of merit went to Paul Ryan to reflect the clinical-based nature of his poster. His poster was entitled "Surgical Excision of an Epulis, Case Report".



# Pan Dental Society Conference 2011



Liverpool welcomed the Pan Dental Society Conference where the restorative societies came together to provide a programme in which delegates could freely move between sessions to keep an eye on what our colleagues from other restorative disciplines are getting up to.

As always, the trade stands were out in full force and were most welcome with delegates having ample opportunity to check out the latest products on the market.

The academic programme for the day was rounded off with four high quality presentations competing for the Sir Wilfred Fish Research Prize. A wonderful conference dinner was held at the Liverpool Crowne Plaza Hotel, which was a great opportunity for restorative colleagues to mingle, network and ridicule one another's specialty.



The BSP programme began with the Annual General Meeting where the formalities of the Society were presented and the Presidency of the Society transferred from Professor Gerry Linden to Dr Will McLaughlin. All members acknowledged the significant input from Helen Clough and Ghilaine Ower in the smooth running of the Society and well-deserved tokens of appreciation were given.

Professor Phil Stephens (Cardiff) opened proceedings with an excellent description of stem cell technology and its implications for soft tissue repair.



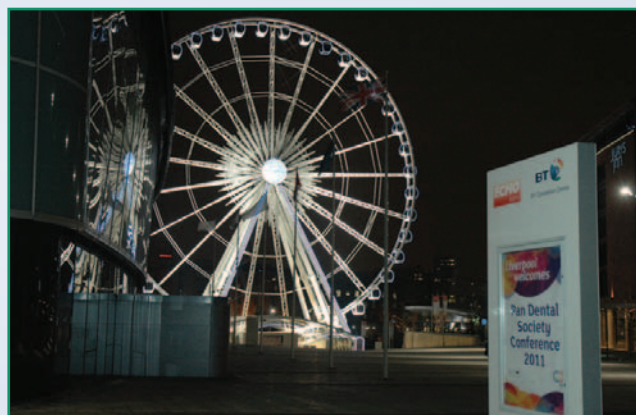
Mr Johnathan Sandler (Chesterfield) provided a highly visual presentation highlighting the orthodontic possibilities for tilting and realigning teeth and delegates were given an opportunity to ask questions that no doubt most periodontitis wanted the answer to - The reason for an increase in labial recession, particularly in the lower labial sextant? - a move away from traditional extractions for space creation.



Professor Markus Huerzeler (Munich, Germany) provided a huge draw to BSP members but also to many members of our sister Societies. He presented a late morning and again in the mid-afternoon. For those not familiar with Markus, he is always highly engaging and thought provoking and these presentations were no exception. The 'external' evidence-base for muco-gingival surgery was put into context alongside the 'internal evidence' or competence of the clinician and the patient's expected aesthetic outcome. In part 2, the technical elements were discussed to provide useful hints and tips for us all, in particular for multiple recession defects.



Professor Anton Sculean (Berne, Switzerland) emphasised the importance of the use of lasers as an adjunct to root surface instrumentation not as a replacement and there is potential with further work required to build on the existing evidence. Hard lasers may be a thing of the past with soft lasers a potential for the future?



Day two was a joint programme for all Societies and introduced by Professor Damien Walmsley. The morning session was entitled 'Accidents will happen! Coping with Trauma' and Professor Sir Keith Porter (Birmingham) informed the audience on the clinical and organisational challenges of the British military. Dr Craig Barclay (Manchester) continued the session with an excellent presentation on the rehabilitation of head and neck cancer patients with Dr Mary Wells (Dundee) before the session was rounded off with an update on regenerative principles in the dentine-pulp complex by Professor Ken Hargreaves (Texas, USA).

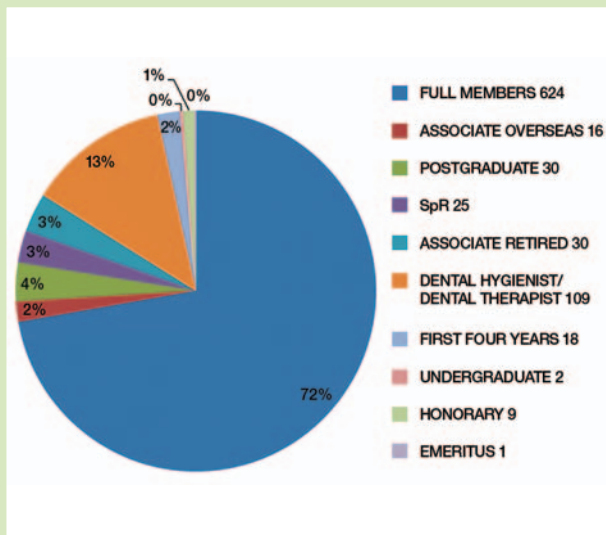


The afternoon session was entitled 'It can all be done with composite!' with contributions from Dr Martin Kelleher (London), Professor Trevor Burke (Birmingham) and Professor Richard Ibbetson (London). All in all a fabulous two days which brought everyone together.





## Membership Statistics



## Facebook Update

Members will remember that last year, Ian Dunn set up a BSP Facebook page. Currently, the BSP has 331 friends and nearly 600 visits to the BSP website this year came directly from the Facebook page. About 150 people view the Facebook page at least once per month. We would like to ask all members to promote the Facebook page whenever we give presentations to dentists or hygienists, particularly those who have recently graduated.

<http://www.facebook.com/BSPerio>

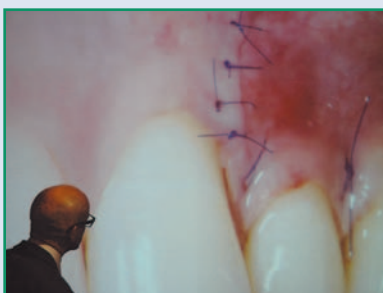
## Caption Competition

Last years' winning entry was from Dean Barker (Consultant & Honorary Clinical Senior Lecturer in Restorative Dentistry, The University of Aberdeen Dental School and Hospital).



“The last time Peter opened his wallet, white £5 notes were in circulation”

### This Years' Caption Competition



This photograph was taken at the Pan Dental Meeting 2011.

Entries to the editor please at: [anthony.roberts@manchester.ac.uk](mailto:anthony.roberts@manchester.ac.uk)  
All entries may be published and the Editor's decision is final!

## 'Scaling' Lakeland Ultratrail Race

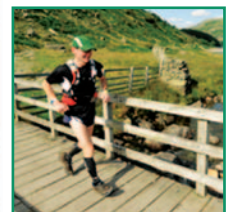


Photo taken from the Eastman press archive, Ian Needleman, Professor of Restorative Dentistry and Evidence-Based Healthcare, ran the Montane Lakeland 50 Ultratrail Race on 30 July.

The race is the premier ultratrail event in the UK and is modelled on the Ultratrail de Mont Blanc. The route is 50 miles over the Lake District Fells with 10,000ft of ascent. He finished 28th out of 404 finishers in 11 hours 35 minutes and second in his age category. Starting at 12.25pm the event was designed to test endurance, navigation (including a night finish) and mountaineering.

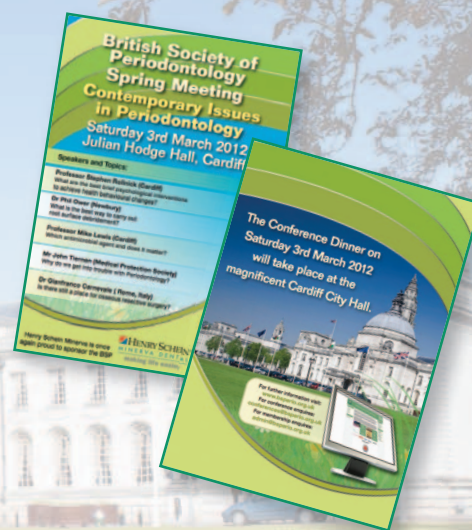
<http://ucl.ac.uk/eastman/press/archive/2011/index.html#lakeland-50>

# Future Meetings

## BSP Spring Meeting

The 2012 Spring Meeting will be held in Cardiff on 3rd March and is entitled 'Contemporary Issues in Periodontology'.

This looks to be an exciting day with presentations by Stephen Rollnick (Brief psychological interventions), Mike Lewis (antimicrobial agents), John Tiernan (Medico-legal issues), Phil Ower (instrumentation) and Gianfranco Carnevale (osseous resective surgery). A very varied and thought provoking programme to bring everyone up-to-speed on the latest thinking.



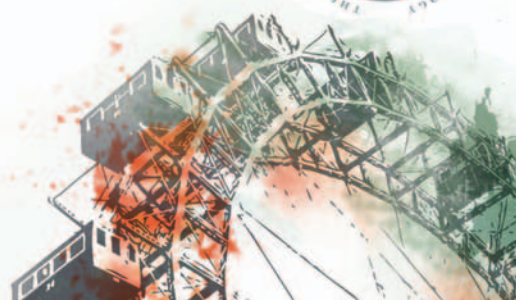
## EUROPERIO<sup>7</sup>

### 7<sup>th</sup> Conference of the European Federation of Periodontology

June 6 – 9, 2012  
Messe Wien  
Vienna, Austria

[www.europerio7.com](http://www.europerio7.com)

You Tube [www.youtube.com/watch?v=N6XnJJkJFSA](http://www.youtube.com/watch?v=N6XnJJkJFSA)



## Honorary Treasurer's Report

The financial summary for 2010 showed a moderate surplus of £2,664 with a total expenditure of £247,951 and income of £250,615. Subscriptions accounted for £99,393 of the income. The surplus was predominantly a result of a highly successful Spring Meeting in Brighton in 2010.

The Treasurer concluded that the day-to-day running of the Society still depended to a large extent on the surplus of meetings and sponsorship.

### The Treasurer recommended:

- To increase the subscription for the category of dentist membership of the Society by £5.00 in 2012;
- That the Society no longer retains the services of Richard Barwick as accountant to the Society;
- That the Society no longer retains the services of Herbert Parnell as independent examiners of the Society's accounts;
- That the Society formally appoints Naylor Wintersgill as independent examiners of the Society's accounts.

## Honorary Webmaster's Report

### Website due a facelift soon!

Thank you to the members who have passed on comments about the website. We do listen (eventually!) The website has had its current format for a number of years and despite the fact that traffic through the website has increased year on year it does need a bit of a facelift. To go with the new logo we will soon be having discussions with the web designers to give it a fresher and more user-friendly look. Thanks to Ian Dunn we also have a Facebook page.

We are always on the look out for new cases for the case studies page. An honorarium is paid for accepted cases and details of what to do can be found on the website.



Look out for the new Undergraduate page, which is currently being put together by members of the council. The page will provide undergraduate dental students and DCPs access to PDFs of lectures covering the periodontal curriculum. We hope to develop a full series of lectures proving a truly national lecture series.

To raise our profile further we have included ourselves on the Wikipedia web pages for periodontology with a link to our website.

As always any comments on the website are very welcomed.



## Council Members

President	Dr William McLaughlin
President Elect	Dr Philip Greene
Senior Vice-President	Professor Phillip Dowell
Immediate Past President	Professor Gerry Linden
Honorary Secretary	Professor Philip Preshaw
Honorary Treasurer	Professor Peter Heasman
Honorary Assistant Secretary	Dr Matthew Locke
Honorary Assistant Secretary	Mrs Kai King
Commercial Liaison Officer	Dr Monica Lee
Honorary Editor	Dr Anthony Roberts
Webmaster	Dr Liam Addy
Council Member	Professor Jeremy Rees
Council Member	Dr Paul Weston
Council Member	Professor Ian Needleman
Council Member	Professor Nicola West
Dent Pract: Chairman	Dr Nikunj Pandya
Teachers' Forum - Chairman	Dr Wendy Turner
Reps: EFP	Professor Gareth Griffiths
Reps: Educational Initiative	Dr Kalpesh Patel
Reps: Specialist Registrars	Mr Mandeep Ghuman

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A special mention to Philip Ower, Mike Milward and Martin Ling  
for their excellent photographs used in this newsletter.

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## Full Membership (Voting)

	Electronic Journal	Electronic & Printed
Members must be registered in the Medical or Dentists' Register or hold such qualification as Council approve	£125	£183
Postgraduate Student (FULL time only) - reduced rate for a maximum of four years	£80	£138
Specialist Registrar - reduced rate	£80	£138
First Four Years after Graduation Reduced rate prior to entry onto Dentists' Register or ORE or equivalent passed	£80	£138
Hygienist/therapist	£80	£138

## Associate Membership (Non-Voting)

	Electronic Journal	Electronic & Printed
Other Dental Care Professionals registered with the GDC	£80	£138
Undergraduates attending a UK school - Dental and Dental Care Professionals	£35	£93
A member of a European Society who already subscribes to the electronic Journal of Clinical Periodontology	£55	N/A
A dental practitioner who has retired from practice - <u>NO</u> JCP	£55	N/A